

## CREATIVE COOKING TO CUT COSTS

Join a facilitator in the kitchen and learn new recipes; then enjoy a meal together with all the participants, children and child minders!



**Creative Cooking to Cut Costs is currently offered or has recently been offered at:**

**Carman Family Resource Centre** – Michelle Bergsma Box 124 Carman, MB R0G 0J0 Telephone 204-745-5571 Email [carfrc@mymts.net](mailto:carfrc@mymts.net)

**Red River Valley Parent Child Centre Inc.** – Cheryl Crick Box 1005 Morris, MB R0G 1K0 Telephone 204-746-2410 Email [cherylcrick@mymts.net](mailto:cherylcrick@mymts.net)

**Tupper Street Family Resource Centre Inc.** – Cathy Vanstone 234 Princess Avenue Portage la Prairie, MB R1N 0R1 Telephone 204-239-3997 Email [cathy@tsfrc.com](mailto:cathy@tsfrc.com)