

## GROWING UP GREEN



Bookmates' newest program, Growing Up Green uses nature as a learning tool, and encourages parents/caregivers and preschool children aged 2 to 5 years to go outside and explore. This program is presented over six sessions. Through rhymes, books and

nature-based learning activities, families will experience the joys of learning together while gaining the tools to foster their family connection to nature and the environment.

The program is being or has been offered at the following:

**Altona and Area Family Resource Group**– Nina Edbom-Kehler, Coordinator. Box 473 Altona, MB R0G 1K0 Telephone 204-324-2352. Email [nedbom-keehler@southernhealth.ca](mailto:nedbom-keehler@southernhealth.ca)

**Carman Family Resource Centre** – Michelle Bergsma Box 124 Carman, MB R0G 0J0 Telephone 204-745-5571 Email [carfrc@mymts.net](mailto:carfrc@mymts.net)

**Red River Valley Parent Child Centre Inc.** – Cheryl Crick Box 1005 Morris, MB R0G 1K0 Telephone 204-712-6162 Email [cherylcrick@mymts.net](mailto:cherylcrick@mymts.net)

**Tupper Street Family Resource Centre Inc.** – Cathy Vanstone 234 Princess Avenue Portage la Prairie, MB R1N 0R1 Telephone 204-239-3997 Email [cathy@tsfrc.com](mailto:cathy@tsfrc.com)

**White Horse Plain Healthy Child Committee Inc.** – Carolyn Qually & Mary-Jo Thiessen, Box 128 Elie, MB R0H 0H0 Telephone 204-353-4499 (Mary-Jo) Email [carolyn.qually@gmail.com](mailto:carolyn.qually@gmail.com) or [mjow3@hotmail.com](mailto:mjow3@hotmail.com)

**Manitou Parent Child Resource Centre** – Jennifer Long (facilitator) Box 692 Manitou, MB R0G 1G0 Telephone 204-242-2652 Email [mprc@mts.net](mailto:mprc@mts.net)