

## **KIDS IN THE KITCHEN**

Kids in the Kitchen is designed for children aged 6 to 11. It is therefore not eligible for program funding under Healthy Child Coalition-Central Region.



Produced by a group of community nutritionists in Winnipeg, the program aims at providing the foundation for lifelong healthy eating. Along the way, children improve sensory skills, motor skills, mathematics skills, knowledge of kitchen safety, social and language skills.

### **Kids in the Kitchen is currently offered or has recently been offered at:**

**Altona and Area Family Resource Group**– Nina Edbom-Kehler, Coordinator. Box 473 Altona, MB R0G 1K0 Telephone 204-324-2352. Email [aafrc@southernhealth.ca](mailto:aafrc@southernhealth.ca)

**Macdonald Healthy Child Inc.** – Shauna Hewitt Box 211 Sanford, MB R0G 2J0 Telephone 204-736-3465 Email [shaunahewitt@mts.net](mailto:shaunahewitt@mts.net)

**Morden Parent & Child Resource Centre** – Karen Vandijk 200-30 Stephen Street Morden, MB R6M 2G3 Telephone 204-822-1231 Email [kvandijk@westernsd.mb.ca](mailto:kvandijk@westernsd.mb.ca)

