

## NOBODY'S PERFECT



A parenting program for parents of children birth to age five.

There are no perfect parents, or perfect children or perfect people. We can only do our best, and we all need help once in a while.

Meet with other parents of young children; share questions, concerns and ideas about being a parent; learn about child development, safety, health and behaviour; discuss real-life parenting situations; work together with the support of a trained facilitator; discover positive ways of parenting.

### **Trained Nobody's Perfect facilitators are located in the communities served by these parent-child programs:**

**Altona and Area Family Resource Group**– Nina Edbom-Kehler, Coordinator. Box 473 Altona, MB R0G 1K0 Telephone 204-324-2352. Email [nedbom-kebler@southernhealth.ca](mailto:nedbom-kebler@southernhealth.ca)

**Morden Parent & Child Resource Centre** – Janine North 200-30 Stephen Street Morden, MB R6M 2G3 Telephone 204-822-1231 Email [mordenpcrc@westernsd.mb.ca](mailto:mordenpcrc@westernsd.mb.ca)

**Red River Valley Parent Child Centre Inc.** – Cheryl Crick Box 1005 Morris, MB R0G 1K0 Telephone 204-746-2410 Email [cherylcrick@mymts.net](mailto:cherylcrick@mymts.net)

**Tupper Street Family Resource Centre Inc.** – Cathy Vanstone 234 Princess Avenue Portage la Prairie, MB R1N 0R1 Telephone 204-239-3997 Email [cathy@tsfrc.com](mailto:cathy@tsfrc.com)

