



SHAKE RATTLE & ROLL

This is a physical activity program for toddlers (aged 2-4yrs) and their parents.

Shake Rattle & Roll is currently offered or has recently been offered by:

Altona and Area Family Resource Group– Nina Edbom-Kehler, Coordinator. Box 473 Altona, MB R0G 1K0 Telephone 204-324-2352. Email aafrc@southernhealth.ca

Austin Preschool Connections - Kim Young Box 295 Austin, MB R0H 0C0 Telephone 204-637-2404 Email kyoung@pinecreeksd.mb.ca

Carman Family Resource Centre – Michelle Bergsma Box 124 Carman, MB R0G 0J0 Telephone 204-745-5571 Email carfrc@mymts.net

Lorne Family Resource Connections – Angela Grenier, Box 5138 St. Leon, MB R0G 2E0 Telephone 204-242-4390 Email agrenier@cici.mb.ca

Louise Recreation District – Desarae Angus Box 480 Pilot Mound, MB R0G 1P0 Telephone 204825-2080 Email louise_rec@hotmail.com.

Macdonald Healthy Child Inc. – Shauna Hewitt Box 211 Sanford, MB R0G 2J0 Telephone 204-736-3465 Email shaunahewitt@mts.net

Manitou Parent Child Resource Centre – Jennifer Long Box 692 Manitou, MB R0G 1G0 Telephone 204-242-2652 Email mprc@mts.net

Miami Children's Facility April Bickford Executive Director, Box 114 Miami, MB R0G 1H0 Telephone 204-435-2725. Email miamicf@mts.net

Morden Parent and Child Resource Centre – Karen Vandijk, 200-30 Stephen Street Morden, MB R6M 2G3 Telephone 204-822-1231. Email kvandijk@westernsd.mb.ca

St. Claude Children's Centre – Yvette Lacroix Box 219 St. Claude, MB R0G 1Z0, Telephone 204-379-2908. Email stchild@mts.net

Tupper Street Family Resource Centre Inc. – Cathy Vanstone 234 Princess Avenue Portage la Prairie, MB R1N 0R1 Telephone 204-239-3997 Email cathy@tsfrc.com

Winkler Family Resource Centre - Terry Penner P.O. Box 997 Winkler, MB R6W 4B1 Telephone 204-332-9418 Email winklerfrc@gmail.com