

VILLAGE VOICES

It takes a village to raise a child

Healthy Child Coalition – Central Region

September October 2017

Marc Battle to present at AGM

“Play Stories”, a special presentation by Marc Battle, Early Childhood Education Instructor at Red River College will highlight the Annual General Meeting of Healthy Child Coalition – Central Region September 14.

**“Stories can conquer fear, you know.
They can make the heart bigger.”
Ben Okri**

“At the heart of meaningful curriculum is the belief that play is the well in which all understanding and learning is drawn from. With the use of documented work, the workshop will weave stories of exploration and discovery through play in which the child’s potential is revealed and our opportunities for teaching are actualized

This workshop will look at the nature and purpose of play, how to provide for it and making a place rich for playful activities.”

Battle’s presentation will run from 1:30 – 3:30 p.m. It will be preceded by the formal AGM at 1:00 p.m.

The meeting will be held at Carman United Church, 134-1st Street S.W.

Everyone is welcome and refreshments will be served.

Healthy Child Coalition
Central Region



Contact us:

Healthy Child Coalition –
Central Region
P.O. Box 39
Langruth, MB R0H 0N0
Telephone and fax
204-445-2326

Email
hcc.centralregion@gmail.com

Next issue will be out

November 2017

Check us out on
Facebook!

Follow our blog

“Living in the Village”

<http://hcccentralregion.wordpress.com/>

Want something
included in this
newsletter?

Contact Sharron
Arksey, coordinator

Autumn

Autumn winds begin to blow (blow)
Colored leaves fall fast and slow (make fast and slow motions with hands)
Twirling, whirling all around (twirl around)
“Til at last, they touch the ground (touch ground)

Leaves

Little leaves fall gently down
Red and yellow, orange and brown.
(flutter hands like leaves falling)
Whirling, whirling around and around.
(turn around)
Quietly, without a sound. (put finger to lips)
Falling softly to the ground (begin to fall slowly)
Down and down and down and down.
(lie on floor)

Brown Squirrel, Brown Squirrel

Brown squirrel, Brown squirrel
Swoosh your bushy tail
(hold elbow in your other hand and move your arm back and forth)
Brown squirrel, brown squirrel
Swoosh your busy tail
Put a nut between your toes
Wrinkle up your little nose
Brown squirrel, Brown squirrel
Swoosh your bushy tail.



Jack-o-Lantern Feelings

Jack-O-Lantern Faces

Cut two pumpkin shapes out of orange craft paper. Make different noses, mouths, and eyes. Let children create some different facial features. Talk about the feelings of each Jack-O-Lantern. Recite the rhyme:

Jack-O-Happy

Original Author Unknown

Instruct children to make big circles around their heads using their arms.

This is Jack-O-Happy. *(Children smile.)*

This is Jack-O-Sad. *(Children frown.)*

This is Jack-O-Scared. *(Children make frightened expression.)*

This is Jack-O-Mad. *(Children make angry expression.)*

This is Jack-O-Silly. *(Children make silly expression.)*

This is Jack-O-Glad. *(Children smile again.)*

Another Autumn Leaves Rhyme

(Use real autumn leaves or make some out of paper. Give a handful to each child. At the end of the rhyme, the children throw their leaves up in the air.)

All the leaves are falling down
Falling down, falling down
All the leaves are falling down,
All around the town.
(Throw leaves up in the air.)

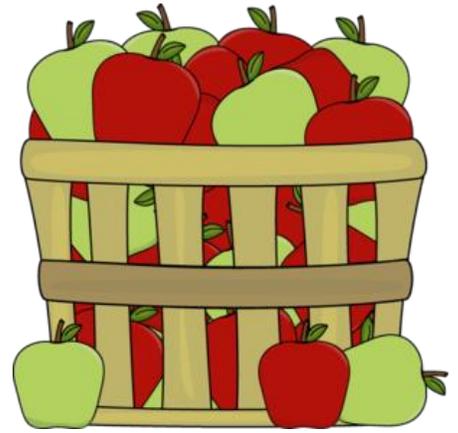
DISCOVERY CENTRE IDEA

Every season offers unique opportunities for discovery about the natural world around us.

What could you put on a discovery table this autumn?

- acorns
- Coloured leaves
- Berries
- Pumpkins, squash and gourds
- Apples
- Feed corn
- Harvested grains
- Pine cones
- Hay/straw

APPLE THEMED BULLETIN BOARD IDEAS



'OUR APPLE ORCHARD'

-Cut an apple for each child to glue a photo of themselves on and put on the bulletin board.

'A BUSHEL OF FUN!'

-Draw a large basket with apples in it, and once again, have each child's name on an apple.

'WE ARE A GREAT BUNCH!'

-Apples on a tree with each child's name on an apple.



'WELCOME TO _____!'

May this new year bring
You happiness galore,
And may you enjoy it
Right to the core!

Post the above poem and then draw a huge apple core with everyone's names on it!

THE NEW CROP IS IN!

Place children's photos or names in apples and hang on tree.

Grandparents Day is Sunday, September 10!

These fun filled bags will be easy for preschoolers to make and cherished by grandparents.

You will need:

Lunch sack for each child's grandparents

An assortment of craft decorating tools such as: crayons, markers, stickers, glitter pens etc.

Have each child decorate the outside of the Grandparents gift bag. When they are finished, they can make a card to put inside. Have a few pieces of candy or some other treat to include in the bags as well.

Handle With Care training scheduled for October



Healthy Child Coalition –Central Region, in partnership with Southern Health, will offer a **Promoting Mental Health in Young Children** Handle With Care training this fall, following positive feedback from the training held in February.

This two-day training prepares facilitators to deliver the Handle With Care program and activities in a variety of formats.

The Handle With Care program aims to increase the mental health of young children, birth to six years, by introducing their parents and caregivers to a variety of engaging activities and strategies that promote children's positive social and emotional development, secure attachment and healthy self-esteem.

Tuesday, October 17 and Wednesday, October 18, 2017

Carman United Church

134 1st Street S.W. Carman, MB

9:30 a.m. – 4:00 p.m.

Registrations forms have been sent to all coalition partners. A pdf version of the registration form is also available on the coalition website

www.healthychildcentralregion.ca

Deadline for registrations is October 6.

THOUGHT FOR THE SEASON



"Even if something is left undone, everyone must take time to sit still and watch the leaves turn."

-Elizabeth Lawrence

