

VILLAGE VOICES

It takes a village to raise a child.

Healthy Child Coalition – Central April 2021

Good News

Funding for Manitoba parent-child coalitions has been extended for the 2021-2022 year.

Funding has been approved at 2020-2021 levels.

Watch your in-boxes for further information, deadline dates and application forms.

And if you have questions, contact the coordinator at hcc.centralregion@gmail.com.

COMING UP:

Tuesday, April 20 – Proposal Writing Workshop via Zoom 1-4 p.m. Facilitated by Volunteer Manitoba. Contact the coordinator to register. Registrations will be accepted until April 19.

Wednesday, April 28 – Family Resource Program meeting via Zoom 1-3 p.m. Although two hours have been allotted, the meeting may not last that long. By the end of April, regional coalitions will have met with the provincial representative and the HCC-CR steering coalition will also have met to make initial plans for the coming year.

For further information, contact the coordinator at hcc.centralregion@gmail.com

Healthy Child Coalition
Central Region



Contact us:

Healthy Child Coalition – Central
Region

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“April is made of such
wonderful things –

Sunbeams and tulips and
butterfly wings.”

Author Unknown



Season song

It is springtime. It is
springtime.
Winter's gone. Winter's gone.
Summertime is coming.
Summertime is coming.
It won't be long.

Signs of Spring

Do you see a sign of spring?
A sign of spring, a sign of
spring?
Do you see a sign of spring?
Tell us what you see.

Spring Song

Frogs croak
Rains soak
Chicks peep
Crickets leap
Bees hum
Robins come
Birds sing
It's spring!

I Take My Shovel and I Dig Dig Dig

I take my shovel and I dig, dig,
dig, (*pretend to be holding a
shovel and digging in time
with the lyrics*)
Dig, dig, dig,
Dig, dig, dig.
I take my shovel and I dig, dig,
dig,
I dig, dig all day long.

Paper Roll Flowers



What you Need:

- 7 paper rolls
- String or yarn
- Paper plate
- Paper
- Paints

Tie a string or yarn around the paper rolls to help it hold its shape. You could also use masking tape to secure it again. You put a paper roll in the center and put six around the outside to make the flower.

Move the paint around on the paper plate with the paper rolls. Do a circle type pattern so that get paint all over the ends of the paper rolls.

Then stamp the paper over and over to make beautiful flowers.

*Make this
Cheerio
worm with
Cheerios, a
length of
pipe cleaner
and googly
eyes.*



April Showers

Pitter patter rain drops (wiggle fingers to imitate rain)
Falling from the sky (wiggle fingers downward)
Here's my umbrella (action of opening an umbrella)
Hold it high! (hands over head)
When the rain is over (bring hands down slowly)
and the sun begins to glow (make sun with arms)
Little flowers start to bud (kneel down)
then grow, grow, grow!!! (slowly stand up)



Make a spring sensory tub! This one uses black beans, coloured noodles, plastic insects, and bugs.



Jell-O Frog Excavation

Prepare two packages of blue Jell-o according to instructions. When the Jell-O is partially set, place plastic frogs in the bowl. Give your child a spoon to retrieve the frogs. Or for a fun sensory experience, let your child retrieve the frogs with his hands.



Frog Sticky Tongues

Place a couple of pieces of Velcro on the end of a party favour. Cut out a piece of felt and use a marker to draw a fly on the felt. Now let you child use to the party favour to catch the fly, just like frogs do!

Earth Day is April 22



Preschool and Toddler Activities

Start a compost pile at home. Soon enough, your kid will be scouting for compost materials like grass clippings, fruit and vegetable scraps, branches and twigs, coffee grounds, dead leaves, and more.

Go for a walk and find two pieces of litter. Or three. Or five. Make it a counting game. Then throw the litter in the garbage.

Those boxes that you plan to recycle. Cereal boxes? Shoe boxes? Packing boxes? Give some to your children and let them create. You may be amazed at what they come up with.

Earth Cookies – Make a batch of sugar cookies. Add food colouring (blue and green) to the icing. Have your children decorate the cookies to look like the earth.

Do the pop can smash! Show your children how to do it. Outside is probably best and they will love it. Then take the smashed cans to the recycling bin.

Plant some grass seed in a clear plastic glass. Water the soil... and watch it grow. Terra cotta pots or plastic tubs can also be used, but clear plastic allows you to watch the roots grow, too.

Plant a tree.

THOUGHT FOR THE MONTH

“It is spring again. The earth is like a child that knows poems by heart.” – Rainer Maria Rilke

