

# VILLAGE VOICES

*It takes a village to raise a child*

Healthy Child Coalition – Central March 2021

## Mark Your Calendars

**Monday, March 8 (1-4 p.m.), Tuesday, March 9 (9 a.m. – 12 noon, Monday, March 15 (1-4 p.m.), Tuesday, March 16 (9 a.m. to 12 noon) Attachment Workshop** via Zoom. Offered in partnership with South Eastman Coalition. Registration deadline March 1.

**Wednesday, March 17 – Positive Pathways Bookmates workshop** via Zoom – 1-3 p.m. **Positive Pathways: Literacy Strategies to Promote Resilience in Early Childhood** focuses on providing early learning resources, tools, and strategies to support building a positive emotional foundation and childhood resilience; this workshop is designed for those working with the birth to 6 age group in a family literacy setting. Registration deadline March 10.

**Tuesday, March 23 – Family Resource Program meeting** via Zoom 1-3 p.m. Please note that this will be a two-hour session as the coalition nears its fiscal year end. The session is tentatively titled “What Comes Next”. ***This will be an important session for coordinators and facilitators to attend, so please mark it on your calendars.***

**March 25, 26, 30 and 31 – Nobody’s Perfect Zoom training.** Registration deadline March 10. Minimum of eight participants needed to run the program.

For further information, contact the coordinator at  
[hcc.centralregion@gmail.com](mailto:hcc.centralregion@gmail.com)

Healthy Child Coalition  
Central Region



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**“March is such a fickle month. It is the seam between winter and spring – though seam suggests an even hem, and March is more like a rough line of stitches sewn by an unsteady hand, swinging wildly between January gusts and June greens. You don’t know what you’ll find, until you step outside.”**

- V.E. Schwab

## Rain

With a drip, drip, drip  
And a drop, drop, drop  
See the rain on the pane:  
Will it stop, stop, stop?

With a wink, wink, wink,  
And a blink, blink, blink,  
Will we see sun again,  
Do you think, think, think?

## Farm Silly Song

*(Tune: If You're Happy and You Know It)*

There's a [quack, quack] on my  
[back], on my back].

There's a [quack, quack] on my  
[back], on my back].

Yes, it's on my [back], you see  
What a silly place to be!

There's a [quack, quack] on my  
[back], on my back].

*Ask children:* What's on my [back]?

*Children:* A [duck]!

Additional verses: a moo, moo on my  
shoe; a neigh, a neigh on my nose; a  
tweet, tweet on my tummy; a hee-haw  
on my head; a cluck, cluck on my chin.

## BEES

Bees here, bees there  
Bees, bees everywhere!  
Bzzz, bzzz, bzzz!

Bees on my shoulders, bees on my  
toes

Bees on my belly and bees on my  
nose.

Bees on my arms, bees on my lips  
Bees on my arms and bees on my  
hips

Bees here, bees there  
Bees, bees everywhere!  
Bzzz, bzzz, bzzz!

## VEGETABLE STAMPER IDEAS FOR ST. PATRICK'S DAY

Use peppers and  
potatoes to make  
stampers as  
illustrated.

Stamp with green  
paint to create St.  
Patrick's Day art.



## Magical Rainbow Fruit Kabobs

At the end of every rainbow is a pot of gold! Recreate  
this St. Patty's Day theme with fruit kabobs!

- Long wooden skewers
- Fruit for each color of the rainbow
- Red: strawberries, apple chunks, watermelon
- Orange: cantaloupe, orange slices
- Yellow: banana, pineapple
- Green: kiwi, green grapes, muskmelon
- Blue: blueberries
- Purple: red grapes

Slice fruit into chunks. Arrange fruit on the skewer to  
make a rainbow. Put chunks of pineapple in a bowl and  
place in the middle of a plate. Arrange the fruit  
skewers around the pot of gold.

These mess free snacks will bring you a lot of luck for  
your St. Patty's Day party, easy to make, easy to clean-  
up and oh so yummy! Your little leprechauns will  
gobble them up!



## Pussy Willows

Close your eyes and do not peek  
And I'll rub spring across your cheek  
Smooth as satin – soft and sleek  
Close your eyes and do not peek.

### CRAFT IDEA:

Draw branches on a piece of paper with a brown marker or crayon.

Have a child dip one finger in white paint and place their fingerprint on the paper at the end of each branch. Give to someone special along with this poem:

*This pussy willow's special as you can plainly see.  
I made it with my fingerprints, with lots of TLC.  
It's bringing springtime wishes with love to you from me.*

### ANOTHER OPTION:

Instead of using fingerprints, pull small amount of cotton from a cotton ball and make a smaller ball. Glue or tape small ball on paper at the end of each branch.

### AND FINALLY:

When the weather permits and there are pussy willows to see, go for a walk to find some. Touch them. Feel them. Make a bouquet to bring spring into the house.

### Oh, Where Did the Dinosaurs Go?

*(Tune: Where, oh where, did my little dog go?)*

Oh, where, oh where did the dinosaurs go?  
Oh, where, oh where can they be?  
They were much too big to just disappear.  
It sure is puzzling to me!

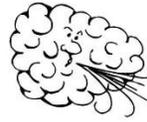
### Painting Fun

*(Tune: Twinkle, Twinkle, Little Star)*

I know the colors for painting fun,  
Green like grass and yellow sun,  
An orange pumpkin and white snow,  
A red rose and a black crow,  
Blue like a mailbox, brown like an ape,  
A pink pig and some purple grapes.

### Peanut Butter and Jam

First you spread the peanut butter  
(open one hand, spread peanut butter on it with the other)  
Then you spread the jam  
(same motion as above)  
You put a slice of bread on top  
(use one hand to put bread on the other)  
And eat up all you can  
(bring sandwich to mouth and eat)  
You take your sticky fingers  
And you wipe them on your pants  
(wipe hands on pants)  
And you do a little wiggle  
(wiggle body)  
For the peanut butter dance!



## Wind Tricks

Author Unknown



The wind is full of tricks today.  
It blew my daddy's hat away.  
It chased our paper down the street.  
It almost blew us off our feet!  
It makes the trees and bushes dance.  
Just listen to it howl and prance.

## Easter's Coming! – Peekaboo Clothespin Eggs

Cut an oval shape from a piece of craft foam. Cut a zig zag line across the egg. Attach the two egg pieces to a clothespin with tape or glue. Cut out a tiny chick shape from a piece of yellow paper or cardstock. Draw on eyes and beak with marker, gel pen or crayon. Attach the bottom of the chick to the back of the clothespin with glue or tape. If you want, make more in different colours.



## THOUGHT FOR THE SEASON

"By March, the worst of the winter would be over. The snow would thaw, the rivers begin to run and the world would wake into itself again." —Neil Gaiman

