

# VILLAGE VOICES

*It takes a village to raise a child.*

Healthy Child Coalition – Central May 2021

## The M Edition

### May 15 deadline for grant applications

Applications are now being accepted for funding proposals for 2021-2022.

Healthy Child Coalition – Central Region provides funding to community organizations for parent-child programs which address the following:

- Early learning and literacy
- Nutrition and physical health
- Parenting, and
- Community capacity building

Programming must be targeted towards children ages 1 to 4.

For further information or to request a grant application form, please contact interim coordinator Sharron Arksey at [hcc.centralregion@gmail.com](mailto:hcc.centralregion@gmail.com). Or phone 204-505-1525 or 204-871-0222 (cell)

Application deadline is May 15, 2021. All applications must be emailed to the HCC-CR email address.

**Next Family Resource Program meeting**–  
Wednesday, May 19 at 1 p.m. via Zoom.

**June FRP meeting** is scheduled for June 16.

Healthy Child Coalition  
Central Region



### Contact us:

Healthy Child Coalition – Central  
Region

Temporary Address

148-1 Snow Street

Winnipeg, MB R3T 2M4

Telephone

204-505-1525

Cell

204-871-0222

Or

204-823-0369

Email

[hcc.centralregion@gmail.com](mailto:hcc.centralregion@gmail.com)

**Next issue June 2021**

**In the month of May,**  
**there are many things**  
**to enjoy – the moon**  
**and the Milky Way in**  
**the sky, the song of**  
**the meadowlark in the**  
**morning, the milk that**  
**comes from cows that**  
**say Moo, the day we**  
**celebrate Mom, and**  
**more!**

## The **Moon** is Round

The moon is round  
As round can be  
Two eyes  
A nose  
And a mouth  
Like me!

## **Mice**

I think mice are rather nice.  
Their tails are long, their faces  
small.  
They haven't any chins at all.  
Their ears are pink; their teeth  
are white.  
They run about the house at  
night.  
They nibble things they  
shouldn't touch.  
And no one seems to like them  
much.  
But I think mice are nice!

## **Monkey**

I have a little monkey.  
My monkey's name is Sam.  
He's braver than a billy goat.  
He's softer than a lamb.  
He's stronger than a rhino.  
He's wilder than a goose.  
He's bigger than a rabbit.  
And cooler than a moose.  
He's cuter than a kitten.  
He's slyer than a fox.  
He's just the best friend ever  
and  
Oh yeah, he's made of socks.

## **M** is for **Moon**

Use Oreo cookies  
to show the phases  
of the moon from  
New Moon to Full  
Moon.

And when you're  
done, you get to eat  
the cookies!



## **Moon Dust Pictures**

Give each child a baby food jar shaker with moon dust inside (recipe below) to create a glue picture! Have them drizzle glue onto a piece of construction paper. Let the glue dry and shake off the excess moon dust onto newsprint. Save for later use on your next project!

## **Moon Dust Recipe**

Mix equal parts of clean dry sand and any color dry tempera paint. Add some gold or silver glitter for a sparkly affect. Store in airtight container. Baby food jars make great shakers - just put a few holes in the lid and make sure to screw it.

## **Cheesy Man on the Moon**

Cut cheddar or other type of brick cheese into different sized chunks. Give the children pretzel sticks and let them put the chunks together to create their "man on the moon."

*I see the moon and the moon sees me*

*Under the shade of the old oak tree*

# M is for Music



1. Dance with me – put on the music and dance with each other
2. Freeze dance – dance to your heart’s content, then freeze when someone turns the music off.
3. Strike up the band – gather household objects that you can use as musical instruments and play along to the music.
4. Draw what you hear – listen to music playing and draw a picture of what you imagine.
5. Name that tune – listen to music without words and see if you can name the song.
6. Music fast and slow – dance faster when the music speeds up, slower when the pace slows
7. Follow the musical leader – sing along
8. Singing in the shower – something to do all by yourself!
9. Animal dance - how does a cow dance? A giraffe?

## M is for Moo.

### THIS LITTLE COW EATS GRASS

This little cow eats grass  
*wiggle baby finger*



This little cow eats hay  
*wiggle ring finger*

This little cow drinks water  
*wiggle middle finger*



And this little cow runs away  
*wiggle pointer finger*

But this little cow does nothing at all  
*hold up thumb*



She just lies around all day  
*lay thumb on palm of other hand and rock the "cow"*

We'll chase her, we'll chase her, we'll chase her away!

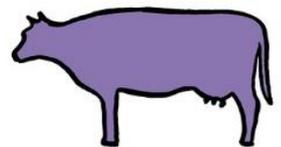


We'll chase her, we'll chase her, we'll chase her away!  
*tickle all over*



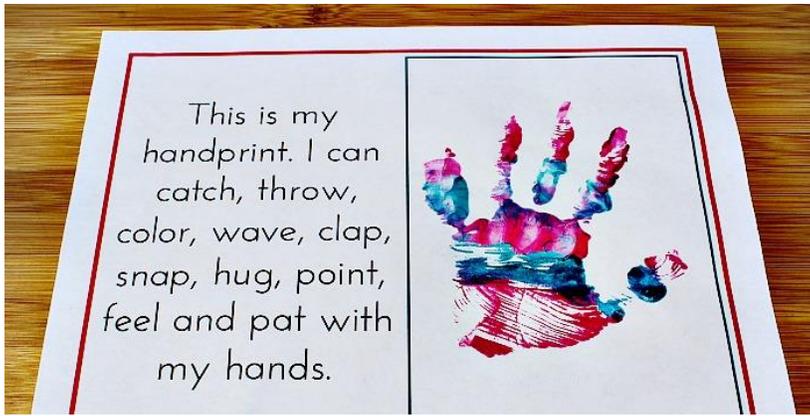
I'm a brown & white cow and I moo all day,  
Standing in the pasture while my tail sways,  
I love to eat grass and I love to eat hay,  
I'm a brown & white cow and I moo all day!

I've never seen a purple cow.  
I hope I never see one.  
But I can tell you anyhow,  
I'd rather see than be one!



# M is for **Making** Presents for **Mom**

## **Mother's Day is May 9**



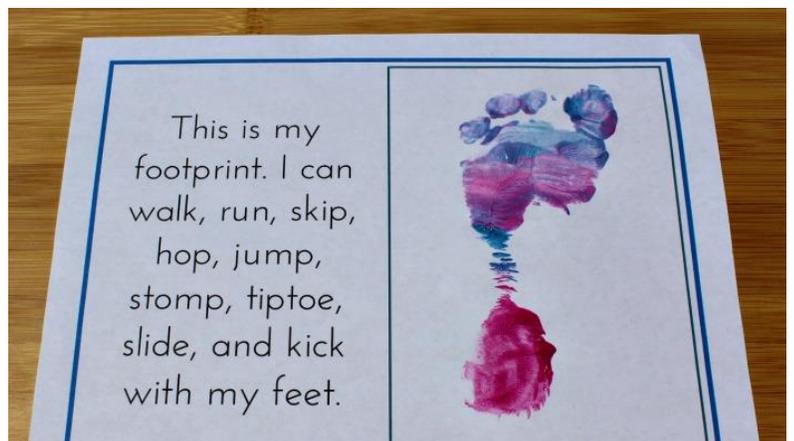
Although this sample has been printed out, the words could also be handwritten and the lines drawn by ruler, eliminating the need for a printer.

Bonus – the project works equally well for Mother's Day and Father's Day. Do the handprint for one and the footprint for the other!

### **I Love You Mommy**

*Sung to the tune of "You are my sunshine"*

I love you mommy  
My dearest mommy  
You make me happy  
When I am sad  
I want to tell you  
I really love you!  
When I'm with you  
I am so glad!



## **THOUGHT FOR THE MONTH**

May, more than any other month of the year, wants us to feel most alive.

– Fennel Hudson